

# Leith Victoria pool timetable

5th January - 7th April 2019

	06.00	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	
<b>Mon</b>	Club Session	Public Swimming with lane(s)	Aquafit	Schools***						Buddy Swimming****					Aquafit	Public Swimming with lane(s)	Pool closed
	Public Swimming		Public Swimming*	Public Swimming with lane(s)							P/S*						
<b>Tues</b>	Club Session	Public Swimming with lane(s)	Aquafit	Active Aqua	Public Swimming with lane(s)	Schoolst			Public Swimming with lane(s)				Club Session	Public Swimming with lane(s)	Pool closed		
	Public Swimming		P/S*					P/S*									
<b>Wed</b>	Club Session	Public Swimming with lane(s)	Aquafit	Public Swimming with lane(s)			Lessons	P/S with lane(s)	Lessons Pool Closed		Masters	Public Swimming with lane(s)	Aquafit	Public Swimming*	Pool closed		
	Public Swimming		Public Swimming*	Public Swimming*		Skills & Drills											
<b>Thur</b>	Public Swimming with lane(s)		Aquafit	Lessons	Prospect Bank School	Adult Lessons	Lessons Pool Closed				Public Swimming with lane(s)	Club Session		Pool closed			
			Public Swimming*	Public Swimming with lane(s)			Adults Only	Public Swimming									
<b>Fri</b>	Club Session	Public Swimming with lane(s)	Lessons	Power Swim	Staff Training Pool Closed		Lessons Pool Closed				Club Session			Pool closed			
	Public Swimming		Public Swimming with lane(s)														
<b>Sat</b>	Pool closed		Public Swimming with lane(s)		Fun session**		Public Swimming with lane(s) (15.40 finish)		Pool closed	Ladies Only	Pool closed						
<b>Sun</b>	Pool closed			Public Swimming with lane(s)		Fun Session***		Public Swimming with lane(s)		Club Session						Pool closed	

## Adult to child ratio:

**Under 5** - One adult to one child with or without armbands or one adult to two children with armbands

**5 to 8 years old** - One adult to two children with or without armbands

**Mixed Ages** - One adult to one under 5 and one 5 to 8 years old if the under 5 is wearing armbands

\* Public Swimming is available at these times. However, it is only in deep water, so no non or weak swimmers can be permitted.

\*\* Fun session swim time – no lane swimming at this time.

\*\*\*School session from 15th January - 26th March.

† School session from 19th February - 19th March.

\*\*\*\*Volunteer led Ageing Well activity, providing support in the water for all older adults.