

# Glenogle pool timetable

5th January - 7th April 2019

	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00		
<b>Mon</b>	Public Swimming with Lane(s)		Lessons			Disability Swimming Lane ****	Public Swim w/ Lane(s)	Club Session**		Public Swimming with Lane(s)			Lane Fit	Club Session**		Pool Closed	
			Public Swimming*					Public Swimming*									
<b>Tues</b>	Public Swimming with Lane(s)		Buddy Swimming***	Public Swimming with Lane(s)			Disability Swimming Lane ****	Public Swimming with Lane(s)		Lessons Pool Closed			Masters	Public Swimming with Lane(s)		Club Session**	Pool Closed
			Public Swimming*					Public Swimming*					Public Swimming*				
<b>Wed</b>	Public Swimming with Lane(s)		Lessons			Disability Swimming Lane ****	Public Swim w/ Lane(s)	Staff Training Pool Closed			Public Swimming with Lane(s)		Club Session**	Public Swimming with Lane(s)		Pool Closed	
			Public Swimming*										Public Swimming*				
<b>Thurs</b>	Lane Fit	Public Swimming with Lane(s)	Lessons	Public Swimming with Lane(s)	Lessons	Public Swimming with Lane(s)		Lessons	Public Swim w/ Lane(s)	Lessons Pool Closed			Public Swimming with Lane(s)		Club Session**		Pool Closed
		Public Swimming*	Public Swimming*	Public Swimming*	Public Swimming*			Public Swimming*									
<b>Fri</b>	Public Swimming with Lane(s)					Disability Swimming Lane ****	Public Swimming with Lane(s)	Fun Session*	Public Swimming with Lane(s)		Club Session**		Adults Only with Lane(s)			Pool Closed	
<b>Sat</b>	Pool Closed	Masters	Lessons		P/S*		Fun Session*	Public Swimming with Lane(s)			Pool Closed						
<b>Sun</b>	Pool Closed	Adult Only with Lane(s)		Family Session*	Fun Session*	Public Swimming with Lane(s)				Pool Closed							

## Adult to child ratio:

**Under 5** - One adult to one child with or without armbands or one adult to two children with armbands

**5 to 8 years old** - One adult to two children with or without armbands

**Mixed Ages** - One adult to one under 5 and one 5 to 8 years old if the under 5 is wearing armbands

\* No lanes available for public swimming at these times

\*\* Club sessions are not open to members of the public

\*\*\* Volunteer led Ageing Well activity, providing support in the water for all older adults

\*\*\*\* Disability session one lane only. Four persons maximum.

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