

Glenogle pool timetable

22nd October - 21st December

	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00		
Mon	Public Swimming with Lane(s)		Lessons			Public Swimming with Lane(s)		Club Session**		Public Swimming with Lane(s)			Lane Fit	Club Session**		Pool Closed	
			Public Swimming*					Public Swimming*									
Tues	Public Swimming with Lane(s)			Buddy Swimming***	Lessons	Public Swimming with Lane(s)			Disability****	Public Swim with Lane(s)	Lessons Pool Closed		Masters	Public Swimming with Lane(s)	Club Session**		Pool Closed
				Public Swimming*					Public Swimming*				Public Swimming*				
Wed	Public Swimming with Lane(s)		Lessons			Public Swim w/ Lane(s)	Disability****	Public Swim w/ Lane(s)	Staff Training Pool Closed			Public Swimming with Lane(s)		Club Session**	Public Swimming with Lane(s)		Pool Closed
			Public Swimming*			Public Swimming*								Public Swimming*			
Thurs	Lane Fit	Public Swimming with Lane(s)	Lessons	Public Swimming with Lane(s)	Lessons	Public Swimming with Lane(s)			Lessons	Public Swim w/ Lane(s)	Lessons Pool Closed			Public Swimming with Lane(s)	Club Session**		Pool Closed
		Public Swimming*	Public Swimming*	Public Swimming*	Public Swimming*				Public Swimming*								
Fri	Public Swimming with Lane(s)								Disability****	Fun Session*	Public Swimming with Lane(s)		Club Session**		Adults Only with Lane(s)		Pool Closed
Sat	Pool Closed	Masters	Lessons		P/S*	Fun Session*	Public Swimming with Lane(s)			Pool Closed							
Sun	Pool Closed	Adult Only with Lane(s)		Family Session*	Fun Session*	Public Swimming with Lane(s)				Pool Closed							

Adult to child ratio:

Under 5 - One adult to one child with or without armbands or one adult to two children with armbands

5 to 8 years old - One adult to two children with or without armbands

Mixed Ages - One adult to one under 5 and one 5 to 8 years old if the under 5 is wearing armbands

* No lanes available for public swimming at these times

** Club sessions are not open to members of the public

*** Volunteer led Ageing Well activity, providing support in the water for all older adults

**** Disability session one lane only. Four persons maximum.

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