

Dalry pool timetable

16th April - 1st July 2018

| | 07.00 | 08.00 | 09.00 | 10.00 | 11.00 | 12.00 | 13.00 | 14.00 | 15.00 | 16.00 | 17.00 | 18.00 | 19.00 | 20.00 | 21.00 | |
|--------------|----------------------------|---------|----------------------------|-------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|------------|-----------------|----------------------------|----------------------------|---------------|-------------|-------------|
| Mon | Public Swimming with Lanes | | Lessons | Aquafit | Lessons | | | Public Swimming with Lanes | | | | | Club Session* | | Pool Closed | |
| | | | Public Swimming | P/S Deep End Only | Public Swimming | | | | | | | | | | | |
| Tues | Public Swimming with Lanes | | | Aquafit | Public Swimming with Lanes | Lane Fit | Public Swimming with Lanes | | | | | Club Session* | | Pool Closed | | |
| | | | | P/S Deep End Only | | | | | | | | | | | | |
| Wed | Public Swimming with Lanes | | | Disabled Session | P/S with Lanes | Lane Fit | Lessons | Pool Closed Staff Training | | Lessons | | Public Swimming with Lanes | Club Session* | | Pool Closed | |
| | | | | Lanes Only | | | Public Swimming | | | | | | | | | |
| Thurs | Public Swimming with Lanes | | Schools | | | Lane Fit | Schools | | Public Swimming with Lanes | | | | | Club Session* | | Pool Closed |
| | | | Public Swimming | | | | Public Swimming | | | | | | | | | |
| Fri | Public Swimming with Lanes | | | Aquafit | Public Swimming with Lanes | | | Lessons | | | Public Swimming | | Public Swimming with Lanes | Club Session* | | Pool Closed |
| | | | | P/S Deep End Only | | | | | | | | | | | | |
| Sat | Pool Closed | Lessons | | | | Public Swimming with Lanes | | | | | Pool Closed | | | | | |
| Sun | Pool Closed | | Public Swimming with Lanes | | Family Fun Session | | | Public Swimming with Lanes | | Lessons | | Pool Closed | | | | |
| | | | | | | | | | | Lanes Only | | | | | | |

Adult to child ratio:

Under 5 - One adult to one child with or without armbands or one adult to two children with armbands

5 to 8 years old - One adult to two children with or without armbands

Mixed Ages - One adult to one under 5 and one 5 to 8 years old if the under 5 is wearing armbands

Lane Fit: Our new lane only swimming sessions. All swimmers are welcome, simply choose between slow, medium or fast lanes. For more information check out the 'Guide to Lane Etiquette' on our website or ask at the reception.

*Club sessions are not open to members of the public