

Gracemount pool timetable

4 January - 31 March 2017

Holiday timetable may apply 11 February - 19 February 2017

| | 06.30 | 08.00 | 09.00 | 10.00 | 11.00 | 12.00 | 13.00 | 14.00 | 15.00 | 16.00 | 17.00 | 18.00 | 19.00 | 20.00 | 21.00 | 22.00 | | |
|--------------|------------------------------|-------|-----------------|-------------------|-------------|------------------------------|------------------------------|---------------------|------------------------------|---------|----------------------|------------------------------|---------------|--------------------------|------------------------------|--------------------------|----------------------|--|
| Mon | Public Swimming with Lane(s) | | | | | | School Sessions | | Lessons | | | Public Swimming with Lane(s) | | Adults Only** | Adults Only with Lane(s) | | Pool Closes at 21.40 | |
| | | | | | | | Public Swimming | | | | | Lessons | AquaFit | | | | | |
| Tues | Public Swimming with Lane(s) | | | Public Swimming** | | | Public Swimming with Lane(s) | | | Lessons | | | Adults Only** | | Public Swimming with Lane(s) | Club Session | | |
| | | | | 50+ AquaFit | 50+ AquaFit | AquaFit | | | | | | | AquaFit | | | | | |
| Wed | Public Swimming with Lane(s) | | | Public Swimming** | | | Public Swimming with Lane(s) | | Staff Training Pool Closed | | Lessons | | | Adults Only with Lane(s) | Adults Only** | Adults Only with Lane(s) | | |
| | | | | AquaFit | Lessons | | | | | | | | | | AquaFit | | | |
| Thurs | Public Swimming with Lane(s) | | School Sessions | | | | Public Swimming with Lane(s) | School Sessions | | Lessons | | | Pool Closed | Public Swimming | P/S with Lane(s) | Adults Only with Lane(s) | | |
| | | | Public Swimming | | | | | | Public Swimming | | | | | Lessons | | | | |
| Fri | Public Swimming with Lane(s) | | | Public Swimming** | | Public Swimming with Lane(s) | | Lessons | | | | Public Swimming with Lane(s) | | Open All Hours S1-S6 | Adults Only with Lane(s) | | | |
| | | | | AquaFit | AquaFit | | | | | | | | | | | | | |
| Sat | Pool Opens at 09.00 | | Lessons | | | Staff Training Pool Closed | Public Swimming with Lane(s) | Fun Session* 2-2.45 | Public Swimming with Lane(s) | | Pool Closes at 16.00 | | | | | | | |
| Sun | | | Family Session | | | Public Swimming with Lane(s) | | | | | | | | | | | | |
| | 06.30 | 08.00 | 09.00 | 10.00 | 11.00 | 12.00 | 13.00 | 14.00 | 15.00 | 16.00 | 17.00 | 18.00 | 19.00 | 20.00 | 21.00 | 22.00 | | |

Adult to child ratio:

Under 5 - One adult to one child with or without armbands or one adult to two children with armbands

5 to 8 years old - One adult to two children with or without armbands

Mixed Ages - One adult to one under 5 and one 5 to 8 years old if the under 5 is wearing armbands

* Fun Session for Primary School Children.

** Deep end available only. No armbands and competent swimmers only.

Sauna is open during public swimming times only.