

2018 – what's on when?

		Sports Coaching Camps								
		Holiday Club	Pre-School Camp	Gym and Jump Camp	Trampoline Camp	NRG Zone (S1-S5)	Swimming 1:1's	Gymnastics 1:1's	Trampolining 1:1s	Water Polo
FEBRUARY	Mon 12th – Fri 16th Feb	✓	✓		✓	✓	✓	✓	✓	
EASTER	Mon 2nd – Fri 6th April	✓	✓	✓	✓	✓	✓	✓	✓	✓
EASTER	Mon 9th – Fri 13th April	✓	✓		✓	✓	✓	✓	✓	✓
SUMMER	Mon 2nd – Friday 6th July	✓				✓	✓	✓	✓	✓
SUMMER	Mon 9th – Fri 13th July	✓					✓	✓	✓	✓
SUMMER	Mon 16th – Fri 20th July	✓	✓		✓	✓	✓	✓	✓	
SUMMER	Mon 23rd – Fri 27th July	✓					✓	✓	✓	
SUMMER	Mon 30th July – Fri 3rd Aug	✓	✓		✓	✓	✓	✓	✓	
SUMMER	Mon 6th – Fri 10th Aug	✓	✓		✓		✓	✓	✓	
OCTOBER	Mon 15th – Fri 19th Oct	✓	✓		✓	✓	✓	✓	✓	✓

Sports Coaching Camps

Pre-School Camp

Our fun 3 hour sports camp for pre-schoolers runs each morning from Monday to Friday. The camp has a mix of activities each day such as Gym Nippers, Jump Nippers, Mini Kickers, Arts and Crafts and Mini Tennis. Children must be pre-school aged between 3 to 5 years and able to use the toilet.

	Time	Weekly	Daily
PRE-SCHOOL CAMP	09.00 - 12.00	£45.50	£9.10

Gym and Jump Camp (P1-P7)

This unique class for P1-P7 combines both Gymnastics and Trampolining and focuses on Entry level skills in both disciplines. A great class for children who want to do a bit of both.

	Time	Weekly	Daily
GYM AND JUMP CAMP	13.00 - 15.00	£34.50	£6.90

Trampoline Camp (P1+)

For kids who like to be airborne, Trampoline Camp is ideal! Trampolining delivers balance, coordination, cardio fitness and self-confidence.

	Time	Weekly	Daily
TRAMPOLINE CAMP FEBRUARY	13.00 - 15.00 & 15.00 - 17.00	£34.50	£6.90
TRAMPOLINE CAMP EASTER	15.00 - 17.00	£34.50	£6.90

Camps running during summer are suitable for children entering P2+.

NRG Zone (S1-S5)

Teens can also stay active in the holidays. With full access to our well-equipped gyms, our trained instructors will be on-hand to coach correct technique and use of equipment.

See edinburghleisure.co.uk for more information.

Swimming 1:1s

If your child has been swimming for a while or if they are just starting their swimming journey a 1:1 lesson is a great way to give your child that extra helping hand or a head start in learning to swim. In a 1:1 lesson the Teacher and child are able to focus specifically on an area that requires development. The individual attention helps accelerate both confidence and technical ability.

	Time	Cost
SWIMMING 1:1s	By Appointment	£17.45

Gymnastics and Trampolining 1:1 Sessions (P1+)

Our 1:1 Coached Gymnastics or Trampoline session with one of our Lead Coaches will allow your child to focus on developing their technique as well as the opportunity to learn new skills. Your child will receive constructive feedback throughout the session.

Post-session you will receive some written feedback and a personalised Flexibility, Mobility and Body Prep programme which, if followed, will develop the necessary strength and flexibility required for more advanced skills.

	Time	Cost
GYMNASTICS 1:1s	By Appointment	£17.45

	Time	Cost
TRAMPOLINING 1:1s	By Appointment	£17.45

Water Polo

A fun four day camp designed to teach the basics of mini polo. Excellent for fitness and stamina the first three days will be focused on covering the rules and technical skills required for the sport.

The last day will be all about the game, potentially hosting a match against another Edinburgh Leisure site. Due to the intense nature of the camp only children of Bronze level and above will be eligible to participate.

	Time	Cost
WATER POLO	16.00 - 16.45 (Mon to Wed) & 16.00 - 18.00 (Thurs)	£25.25



Holiday Club

Dates to qualify for early booking discount:

February – book before end of January

Easter – book before end of February

Summer – book before end of May

October – book before end of September

Christmas – book before end of November

Book early for 10% off!

	Weekly	Daily
HOLIDAY CLUB	£145	£35
10% OFF	£130.50	-

Discount applies to weekly bookings only.

get active

Holiday Club & Sports Camps

At Edinburgh Leisure our purpose is to make a positive difference to communities by creating opportunities for everyone to get active, stay active and achieve more.

To help with the cost of keeping your child active and busy during the school holidays we have an initiative that offers 50% reduction towards the cost of any of our holiday activities.

1/2 Price Coaching

This is aimed specifically at customers who are in receipt of any of the following benefits:

- Job Seekers allowance
- Income Support
- ESA- income based